DESIGN AND FRUGAL INNOVATIONS: THREE ROLES OF RESOURCE-POOR PEOPLE

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Abstract

Design is imperative to satisfy needs of people in resource-limited societies. Many design studies have been carried out in the context of such societies in developing countries, and are discussed under names such as humanitarian engineering, frugal innovations, appropriate technology, design at the Base of the Pyramid, design for development, etc. In this paper, we review a wide range of literature, with close analysis of 30 design studies in this field to understand how marginalised people were engaged and positioned in those studies and to plan for future research in this field.

Keywords: social innovation, design research, co-design, frugal innovation, poverty

1. Introduction

While forty percent of the world population lives on less than 2 dollars a day, twenty percent subsists on less than 1.25 dollars per day, living in extreme poverty in urban slums, rural villages or shanty towns, with irregular and unpredictable income (World Bank, 2010). Poverty is still a tenacious problem with causes and effects at institutional and structural levels. Whilst Mahatma Gandhi referred to poverty as ‘the worst form of violence’, Amartya Sen defines it as a lack of freedom to make life choices (Sen, 1999). Others again define poverty as – hunger, violation of dignity, unemployment, gender inequality, or ill-health (e.g. Narayan et al., 2000). The people living in poverty lack access to financial and other resources, with an urgent and pressing need for immediate consumption, hampering their ability to save or invest. They often lack access to basic services and facilities such as education, public health, clean water, sanitation, infrastructure and security (Karelis 2007; Baumgartner et al., 2007).

Design, with its central idea of changing an existing situation into a desired situation (Simon, 1996), has a significant role in fulfilling unmet or under-served needs of poor people living in resource-limited societies (Papanek and Fuller, 1972). Alleviating poverty or satisfying needs of marginalised people demands designing, developing and implementing appropriate interventions, which may manifest in the form of products, services or product service systems to support social and human development of marginalised communities (e.g. Jagtap et al., 2017). Some examples of such interventions or products are medical devices, smokeless cookstoves, income-generating products or services, financial services such as microcredit (De Mel et al., 2012), state policy to support agriculture and water distribution (e.g. Buse et al., 2009; Angelin et al., 2014), vaccination plans (e.g. Marmot et al., 2008), communication products, educational devices, or any other products that enhance development of marginalised people or enhance their capabilities. The design of such interventions and products is carried out, for example, by governments as their responsibility to deliver basic public services, by NGOs as a charity or social service, by businesses as their persistent exploration and tapping of new markets, or by disadvantaged people for their livelihood (e.g. Prahalad, 2004; Karnani, 2011; Nielsen and Santos, 2013; Jagtap et al., 2017).
Whilst design studies are typically undertaken in developed countries or affluent markets, many design investigations have also been carried out in the context of marginalised communities in developing countries (e.g. Donaldson, 2006; Jagtap et al., 2013). This design research into marginalised societies in developing countries is undertaken and discussed using many different names such as ‘design for extreme affordability’, ‘frugal innovations’, ‘community development engineering’, ‘appropriate technology’, ‘humanitarian engineering’, ‘design at the Base of the Pyramid’, ‘design for development’, etc. (e.g. Wicklein, 1998; Margolin, 2007; Nielsen, 2008; Donaldson, 2009; Falcioni, 2011; Jagtap et al., 2017). Moreover, interest in this subject has grown over the past decade, with several universities offering projects or courses while undertaking design research in this area (e.g. Falcioni, 2011; Jagtap et al., 2014a). Whilst many design studies have been undertaken in this field, an overview of how marginalised people were engaged and positioned in such studies is absent. There is a need to scrutinize the literature to better understand the roles of poor people in relation to the design process, i.e. whether the products are designed for them, by them, or with them. This is addressed by reviewing the relevant literature, focussing on the roles of resource-poor individuals (i.e. whether the products are designed for them, by them, or with them) – this is important for undertaking further design research in this field as well as for developing and assessing methods and tools to support the practice and education of designing products and services for marginalised communities.

Following this introduction, the paper is structured as follows. Section 2 presents an overview of design research in resource-poor societies, including its progress in recent years. Section 3 presents the research methodology employed. Section 4 discusses three roles of the marginalised people as revealed in this review – as consumers, as producers and as co-designers. Finally, Section 5 presents summary and conclusions, together with recommendations for future research in this field. As such, the paper will be useful to those who are new as well as to those who are experts in this field.

2. Design and resource-limited societies: An overview

The idea of employing design to enhance life circumstances of marginalised people can be tracked to ‘Design for the Real World’ and ‘Appropriate Technology’ movements, articulated by Victor Papanek and E. F. Schumacher, respectively, in the 1970s (Papanek and Fuller, 1972; Schumacher, 1973). In his book ‘Design for the Real World’, Papanek, an industrial designer, advised designers to address difficulties faced by the people in developing countries. The idea of Appropriate Technology (AT) was initially proposed by the economist E.F. Schumacher, and was a foundation for his book, titled ‘Small is Beautiful’. Failures in transferring technologies from the industrialised world to developing countries in the 1950s and 1960s promoted the AT movement. The technologies, initially designed for the industrialised world, were not suitable for developing countries due to significant differences in political, cultural, social and other circumstances (Nieusma and Riley, 2010).

Many case studies have identified design requirements that should to be considered in designing ATs (e.g. Rohwedder, 1987; Murphy et al., 2009). Such design requirements for example, include low-cost, simplicity, use of local materials, energy efficient, small-scale, labour intensive to generate employment opportunities, maintainable by local people, and appropriate for social and cultural contexts (e.g. Wicklein, 1998; Akubue, 2000). Although the AT movement became popular, ATs failed to deliver widespread and sustainable impact in alleviating problems of marginalised people in developing countries (Murphy et al., 2009).

While the role of NGOs in carrying out design tasks is tacit in the above concepts proposed by Papanek and Schumacher (Donaldson, 2006), the role of multinational corporations (MNCs) is explicit in the Base of the Pyramid (BOP) concept proposed by Prahalad. In 1998-1999, C. K. Prahalad and his colleagues proposed that MNCs can raise their profits, while reducing poverty (Prahalad and Lieberthal, 1998; Prahalad and Hart, 1999). Contrasting the typical views of perceiving little potential for private companies in engaging with the marginalised people on a mutually positive basis, Prahalad and his colleagues argued that MNCs can enhance their profits, while fulfilling needs of resource-limited societies. Prahalad’s idea of BOP markets is also discussed as subsistence marketplaces, recognising them as tightly-knit communities, which use social and informal ways of economic and other exchanges (Viswanathan and Rosa, 2007; Viswanathan et al., 2011). Viswanathan et al. (2011) advocate using insights about life circumstances of the individuals and families in these marketplaces and interactions.
between them in designing products. Similar to the AT concept, the BOP concept has also been critiqued, especially by Karnani (2007), who suggests that many products, claimed to be designed for BOP markets, are sold to the rising middle class in developing countries (Karnani, 2007). In recent years, research on the design of low-cost, affordable innovations using a variety of names such as ‘jugaad innovation’ (Radjou et al., 2012), ‘frugal innovation’ (e.g. Zeschky et al., 2011; Radjou et al., 2012) and ‘grass root innovation’ (Gupta, 2016) is evolving. Such innovations typically consider designing affordable and low-cost products in a resource-limited setting (e.g. Cunha et al., 2014). While these types of products are usually less advanced technologically, they are recognised as good enough to fulfil core functions (Agnihotri, 2015). In addition to low-cost innovations and the BOP concept, analogous concepts employing names such as social innovation, social entrepreneurship, community development engineering, design for extreme affordability, humanitarian engineering and engineering for development are growing (e.g. Nielsen, 2008; Donaldson, 2009; Falcioni, 2011). Engineering and design departments in many universities around the world support and undertake development projects, while offering courses and even entire programs in such fields (Nieuasma and Riley, 2010; Jagtap et al., 2014a). This has led to many design studies in the context of resource limited societies in developing countries (e.g. Whitney and Kelkar, 2004; Sethia, 2005; Hussain et al., 2012; Mattson and Wood, 2014).

3. Research methodology
Design investigations in the context of resource-limited societies have been carried out in many developing countries, while engaging and positioning marginalised people in different roles in relation to the design process. The term ‘roles of the poor people’, as used in this paper, refers to how poor people are positioned or engaged in relation to the design process, i.e. whether the design activities are undertaken by them, for them (i.e. a product is designed for them), or with them. The present paper examines these roles of poor people by discussing a broad range of studies, with close analysis of 30 papers. This literature is analysed to identify whether the products are designed for the poor people, by the poor people or with the poor people. Of the 30 papers, 25 are journal and 5 are conference papers. The journal papers were from outlets such as ‘Engineering Studies’, ‘Research in Engineering Design’, ‘Technology in Society’, ‘Design Studies’, ‘Co-Design’, ‘Design Management Review’, ‘International Journal of Design’, ‘Journal of Product Innovation Management’, ‘Journal of Mechanical Design’, ‘Design Issues’, etc. The 30 articles present studies that have been undertaken from design perspective, e.g. studies aimed at understanding and supporting how products are designed in the context of resource-poor settings. This selection of articles allowed a focused approach, permitting their close analysis.

4. Roles of marginalised people
The following three roles emerge from this review: marginalised people as consumers, as producer and as co-designers. These roles are discussed in the subsections that follow, with these subsections summarised in Table 1.

4.1. As consumers
Poor people in resource-limited societies can simply be consumers of products. Prahalad’s (2004) BOP concept mainly focuses on these people as consumers of products, arguing that private companies can make profits by selling products to them, and can contribute toward poverty alleviation by satisfying needs of people living in poverty. Products can be sold to these disadvantaged people in two ways (Jagtap and Larsson, 2013). First is about entering markets of the poor with the sole aim of making profits. Karnani (2011) has rigorously argued that this approach is not sustainable, even suggesting that it can exploit people living in poverty. Second is about selling appropriate products to the poor, with the main goal of contributing toward human and social development of resource limited societies. Karnani (2011) presents four product categories, employing two by two matrix, with one side of the matrix illustrating if products are harmful or beneficial to the poor and other side showing if selling products to the marginalised people is profitable or not profitable (see Figure 1). An example in the matrix cell – products are beneficial to the marginalised people and profitable for companies – is mobile phones, and in the cell – products are harmful to the marginalised people but profitable for companies
– is cigarettes. Likewise, he presents examples in the remaining two categories, advocating for the need of government regulation if products are harmful to the poor, and of innovative business models or subsidies if products are beneficial for the poor but not profitable for companies.

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As consumers, many articles present examples of a diverse range of products and services, including, among others, medical devices (Aranda Jan et al., 2016), cook stoves (e.g. Murphy et al., 2009), clean drinking water (Whitney and Kelkar, 2004), access to healthcare services (Jiehui and Kandachar, 2008; Jagtap et al., 2014a), ICT services (e.g. Cai et al., 2007) and sanitation (Ambole et al., 2016). These examples typically represent products or services that are beneficial for the poor. Thomas (2006) presents many examples of products designed for selling to poor people, e.g. clockwork radio, solar-lanterns, fuel-efficient cook stoves, and power systems. Several studies do not present information on the aspects of financial sustainability which is essential to sell products to the poor or provide them access to the functions afforded by the products, although a few studies have taken into account such aspects of financial sustainability. For example, Jagtap and Kandachar (2010) present a case study on irrigation system designed for low-income and deprived farmers, reporting on how microcredit and subsidies enabled those farmers to purchase the irrigation system and how aspects of financial sustainability were taken into account and implemented in the design process. In a similar fashion, Jagtap and Larsson (2013) present a study on the process of designing a healthcare system to monitor...
health conditions of children from resource limited societies and how aspects of financial sustainability were implemented in the process. Another example is the holistic contextual design framework, developed by Aranda Jan et al. (2016), aimed at assisting designers to consider such aspects in the initial phases of the design process.

![Diagram of four categories of products for marginalised people](image)

**Figure 1. Four categories of products for marginalised people (adapted from Karnani, 2011)**

Some authors have only implicitly mentioned the role of marginalised people as consumers (e.g. Amir, 2004; Viswanathan et al., 2011), whereas others have explicitly considered this role (e.g. Jagtap and Larsson, 2013). For instance, Mattson and Wood (2014), explicitly mention: “The term product is used in this paper to describe any consumer good that is purchased by an individual or household.” Overall, the literature reports a wide range of cases and examples of products for selling to marginalised people, but there is a lack of operational guidance on how to include a wider range of aspects (e.g. financial sustainability, business models, etc.) essential to design and sell such products to poor people in a financial sustainable manner.

### 4.2. As producers

The people living in marginalised sections of societies in developing countries may engage in producing goods such as handicrafts, furniture and common household products. Such activities of producing goods play an important role in reducing poverty, providing them opportunities of income generation. Whilst majority of the articles consider the poor as product consumers, some have considered their role as producers. Some articles report development of methods to support the design practice of poor people so that they can create products that are new and more desirable to the consumers in potential markets, thereby increasing product sale and their income. Such studies thus focus on enhancing capability of marginalised producers to design products. Factors that promote adoption of design methods are also taken into account (e.g. Jagtap et al., 2014b), e.g. skill and literacy level of poor people as well as other attributes of the context in which they design and produce products. For instance, Girón et al. (2004), using participatory methods, developed a product design methodology for the craftswomen in resource limited societies, while considering their social, economic and cultural background. The developed methodology, specifically tailored to the needs of the craftswomen, allowed them to explore market needs, generate ideas and concepts, and test the developed concepts in potential markets. The methodology supported the women to design new products - the study mentions that the women designed 85 new types of products. Likewise, Kang (2016) presents participatory action research with a community of ceramic potters, aimed at enhancing production and trade of their products. Their action research involved: understanding the expectations of the potters and the circumstances in which they work, developing mood boards, generating ideas and concepts of ceramic products, developing prototypes, identifying trends, and reflecting on the design process and its outcomes. While the above
studies were aimed at supporting design capability of the marginalised producers, Austin-Breneman and Yang (2013) proposed guidelines to design products for micro-entrepreneurs in resource limited societies. An example of this type of product is a drip irrigation system for low-income farmers. The guidelines for designing products specifically for micro-entrepreneurs in developing countries are, among others, designing for their business plan, and designing for maintainability, reliability and multi-functionality. While Kang (2016) and Girón et al. (2004) developed the methods in collaboration with the marginalised producers, Austin-Breneman and Yang (2013) developed their guidelines based on the published literature and interviews with the related experts.

In addition to the studies that have developed or proposed methods to support design capability of disadvantaged producers, some studies report on providing them designs which they can simply produce and sell to enhance their profits. Such designs, for instance, are given to them by design academics, professionally trained designers, or design students. Thomas (2006) presents an example of jute bags designed or commissioned by importers and produced by poor women in developing countries. The manufactured bags are then sold in developed countries via channels such as People Tree which is an online fair-trade retailer of clothes. While the market size of such products can be small, the income generated can be highly crucial and life-changing for poor people. Another example is a co-creation where design students worked collaboratively with marginalised waste collectors to design products from waste material to enhance value and generate additional income opportunities for those waste collectors (Thomas, 2006).

Another group of studies has undertaken empirical research to develop an understanding of the design practice of marginalised producers, with identification of barriers in their design practice. Donaldson (2006) carried out empirical research in Kenya to examine product design practice in a range of sectors, including that of producers operating in resource limited settings. She identified four product categories: imported products, copying designs, basic original design and speciality design. Many designs originated outside Kenya or were copied from imported products. She also observed more emphasis on detail design and manufacturing, with lack of attention to early phases of design process (e.g. identification and analysis of needs, concept generation, etc.). She also reported barriers in their design practice such as state corruption and limited physical infrastructure. Entrepreneurial activities of marginalised people in developing countries are usually hindered by lack of specialised knowledge and skills (Banerjee and Duflo, 2007). Product imitation, as found in Donaldson’s (2006) study in Kenya, has also been identified by Thomas (2006) in Zimbabwe. Guimares et al.’s (1996) study of the small enterprises in Brazil also observed little or no original design of products, with lack of employing formal design methods and tools in almost all enterprises in the study. On the other hand, the ability of marginalised producers to design products, for instance, in the form of redesigning an existing product to enhance its quality or designing tools and equipment for own use, is demonstrated in some other studies, e.g. Sverrirsson’s (1990) study in woodworking enterprises in Kenya and Chuta and Liedholm’s (1985) survey in Sierra Leone. This suggests that marginalised people with no formal training in designing products can possess ability to design new products, but it appears that their design ability might be suppressed by the constraints they face or circumstances in which they produce goods.

People living in resource limited societies in developing countries may work in formal or informal sector. In the case of formal sector, a worker has an official contract with his or her employer, gets guaranteed fixed salary, and has a social security for health and other risks. On the other hand, a worker in the informal sector has no official contract with his or her employer, has no safe or organised work conditions, generally earns hand to mouth, gets irregularly paid, has no regular hours of work, and has no access to social security system (Schneider and Enste, 2013; Williams et al., 2015). Donaldson (2006) examined many characteristics of design practice in informal and formal sector in Kenya. For instance, there is a wide variation in technical and managerial skills of producers in both these sectors, they do not engage in prototyping or tinkering due to costs and available resources, they receive input material of inconsistent and poor quality, and they routinely recycle and reuse materials. When compared to formal sector, the quality of products in informal sector is low. The production of goods in informal sector is labour-intensive, relying on locally available materials and resources (e.g. Bhatta, 1989).

While Donaldson (2006) and Thomas (2006) provide details of the sector (e.g. formal or informal) that they examined, several articles do not provide any information about the type of sector (e.g. Murcott,
2007; Crabbe, 2012; Kang, 2016), making it difficult to know sector-type in their studies. The type of sector is only implicitly mentioned in Guimarges et al.’s (1996) article; for instance, one of the keywords of their article is ‘informal sector’. In a similar vein, Austin-Breneman and Yang (2013), about their study related to micro-entrepreneurs in developing countries, mention the sector type only in their literature review. In addition to the diversity in providing information on the sector type, there is a greater range in providing information on the firm size, e.g. number of marginalised people working in firms. For example, Donaldson’s (2006) study was carried out in many types of firms—micro, small, medium and large, and Austin-Breneman and Yang’s (2013) study is about micro-enterprises. The number or people in the firms surveyed by Guimarges et al. (1996) ranged between one to eleven. Again, many articles do not offer information on the firm size (e.g. Thomas, 2006; Murcott, 2007; Kang, 2016), making it difficult to gain an understanding of the context in which the disadvantaged people produced goods.

4.3. As co-designers

Co-design between designers and community members is crucial to alleviate cultural, social and knowledge differences between them (Sanders and Stappers, 2008). There are two ways of designing products for marginalised people in developing countries (Avgerou, 2010). First involves designing products outside the context of resource limited communities, in developed countries or in affluent and literate parts of developing countries, and then making these products available in the marginalised communities. Such designs which are remotely developed and just implemented in the communities often fail to achieve intended impact when the designers and implementers leave the community or start working on other projects (e.g. Nieusma, 2004; Thomas, 2006; Murcott, 2007; Ashraf et al., 2008; Dodson et al., 2012). Second approach is socially embedded, and involves marginalised communities in the design process, ensuring necessary understanding of the context in which the products and technologies are finally implemented (Dearden and Rizvi, 2008). Such co-design activities are crucial, suggesting designers to look beyond technological and engineering aspects of product design to the social and cultural context of marginalised communities (Rivett et al., 2014). Several authors have argued for co-designing with disadvantaged communities in all phases of the design process (e.g. Amir, 2004; Murcott, 2007; Viswanathan et al., 2011).

Some studies report design projects involving co-design with poor people, mentioning benefits associated with co-design (e.g. Sethia, 2005). Co-design assists both designers and community members (Mattson and Wood, 2014). For example, it supports designers in gaining knowledge about the needs, preferences, life circumstances and aspirations of people living in marginalised communities. Co-design also enhances designer’s understanding of the resource limited setting in which the finally developed product is used. Furthermore, co-design is beneficial for the marginalized people. For instance, it empowers them to participate in co-design or related participatory activities, and can potentially support them in developing or enhancing their design capability. Co-design activities enhance the project ownership of marginalised communities, improving acceptance and adoption of products and technologies (Champanis and Rivett, 2012; Ssozi-Mugarura et al., 2017).

Whilst the above studies mention benefits of co-design for designers as well as marginalised communities, some studies elaborate on co-design activities and experiences. Thomas (2006), for example, presents a case about the design of a pedal-powered machine to reduce drudgery of washerwomen. Participatory activities with the washerwomen allowed designers to gain crucial insights into their difficulties and problems, suggesting their priority for income generation over health-related benefits. The pedal-powered machine was designed participatorily, considering suggestions and improvements recommended by the washerwomen. In a similar fashion, Nieusma and Riley (2010) present participatory workshops employed in designing a renewable energy system targeted for a rural community. Hussain et al. (2012) present a field study involving co-design methods that were used to generate concepts for a prosthetic device for marginalised children, and Ambole et al. (2016) and Ssozi-Mugarura et al. (2017) elaborate on co-design of a sanitation system and an ICT intervention to support water planning, respectively. In these studies, authors either facilitated or were involved in the co-design activities, and these projects were typically carried out for ‘research’ purposes.
Another group of studies presents guidelines for undertaking co-design activities in marginalised communities in developing countries. A more adaptive and flexible mindset is necessary when co-designing with these communities, with recognition that co-designing with such communities is in different conditions than those in developed countries (e.g. Hussain et al., 2012). Designers ought to recognise that the marginalised people are experts in surviving in limited resource settings, and can have thorough understanding of local networks and available materials and resources (Murcott, 2007). Another crucial guideline is that designers must give priority to work with marginalised people than with those who have not experienced living in resource limited settings. People working in NGOs or academic institutes in developing countries generally lack experience of living in such marginal settings, and as such, they might not know the complex difficulties and challenges of life circumstance in these settings. Many authors advocate actively including poor people in all phases of the design process (Nieusma and Riley, 2010). Employing suitable ways of involving and communicating with marginalised communities supports co-design with them. Drawings, cartoon-strips, narrative ways and pictures can be used in co-designing with marginalised people (e.g. Costandius, 2012; Du Preez et al., 2015; Ambole et al., 2016). Overall, the literature argues for participatorily designing with the marginalised individuals. However, there is lack of information on how to carry out co-design in ‘real’ projects. Examples of collaboratively designed projects implemented in marginalised communities are scarce (Kolk et al., 2014), and this can be due to the lack of simple and easy-to-use methods to engage with marginalised communities in real projects, which are often constrained due to time and available resources (e.g. Nieusma and Riley, 2010).

5. Discussion and ways forward

Numerous design studies have been carried out to understand and support design in resource limited societies in developing countries. Knowledge about design in such contexts, characterised by many different opportunities and constraints, will support the design practice in this field by developing and evaluating appropriate design methods as well as planning for future scholarly exploration of this field. The literature reveals three roles of poor people – consumers, producers, and co-designers. Although the literature portrays a great diversity in addressing many different research questions in considering these roles, there are many areas that are still unexplored. Whilst such gaps in the literature might be considered as a matter of concern, they offer opportunities for further research in this field. Although the literature suggests the need of designing appropriate business models to sell or provide products to the marginalised people in a financially sustainable way, there is a lack of practical guidance on how to design products and business models in a synergistic manner, while addressing other constraints in resource limited societies. Future research in this field may also gain by thorough examination of different roles of the poor people regarding their ability and potential to contribute to social and human development (e.g. Broman and Robèrt, 2017; Missimer et al., 2017), for example, by addressing basic needs, providing access to education, and enhancing participation of the poor people in social, cultural and political activities. Future research may also compare approaches that aim at development of the poor or consider them as consumers for making profits. In addition, further research can aim at studying design projects undertaken by students, businesses, NGOs, and governments to identify links (if any) between such projects and corresponding roles of poor people, for example, future research may examine whether design projects carried out by NGOs frequently involve marginalised people as co-designers than those carried out by businesses. Further research can also aim at identifying types of design projects that thoroughly consider local context or involve local experts in the design process.

The literature has provided some insights into the design practice of underprivileged people. These insights are mostly gleaned by using retrospective methods such as interviews or analysis of secondary data. Future research can aim at understanding nuances of their design practice by using real time methods such as observations or think aloud protocol analysis, while complementing current retrospective methods. Furthermore, future research can also benefit from developing and evaluating design methods, grounded in social and cultural context of marginalised producers, to enhance their design capability or to support them in early phases of the design process in activities such as needs
identification, concept generation and prototyping. This review also shows that future studies ought to report details such as type of sector (e.g. formal or informal), firm size, etc. Although the literature argues for co-designing with marginalised communities, the examples of collaboratively designed and implemented ‘real’ design projects are scarce. The term ‘real’ design project refers to the projects undertaken for the purpose of implementing the outcome of the project, e.g. projects undertaken by NGOs, businesses, or governments with the aim of implementing the designed product or technology to support social or human development of the marginalised people. These projects, unlike academic projects typically undertaken by students or researchers, do not just end after the conceptual or prototyping phase, but rather require downstream planning, development and implementation. Since real design projects are often constrained due to available resources, future research in this field can gain from developing and evaluating co-design methods taking into account practicalities of expediency and other constraints in real projects, resulting into co-design methods that can be easily and efficiently deployed. This necessitates gaining an in-depth understanding of barriers and enablers in undertaking co-design with a range of stakeholders, including, among others, marginalised individuals, NGOs, and local governments. In addition, there is a need to develop gender-sensitive co-design methods. Women living in poverty excessively suffer many problems as compared to men living in poverty, with differences in their needs and perspectives on problems they encounter (Kabeer, 1996; Cagatay, 1998). This implies that design research in this field can benefit from developing gender sensitive co-design approaches, which can facilitate more effective engagement of women in co-design activities. We believe that this review of the roles of marginalised people will support design researchers to investigate suggested avenues, as they are crucial for education, research and practice of design in this field. For example, development and evaluation of easy-to-use and efficient co-design methods can support not only real design projects, but can also aid design education as students can benefit from using such co-design methods.

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